

## **MAY DISCIPLESHIP EXPERIMENT:**

**Go and make disciples.** Matthew 28:18-20

### **We do this by raising the spiritual temperature of the room you are in:**

“You are the light of the world. A town built on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand, and it gives light to everyone in the house. In the same way, let your light shine before others, that they may see your good deeds and glorify your Father in heaven.”

Matthew 5:14-16

This familiar passage of scripture is a great way to think about making disciples in the course of our day-to-day lives. As the fragrance of Christ permeates you, the light of Christ in you goes wherever you go, and in every room you enter you have the opportunity to raise the spiritual temperature. The active work is done in your daily pursuit of Christ and as you share what God is doing in your life and as you see God working in the lives of others, you are shining a BRIGHT light!

In the Covenant tradition, one of the common sayings when people gather is to ask one another, “How goes your walk?” While the words are a little dated, the idea is the same. As we are continually transformed by God, wrestling with our faith and engaging with Christ, others will experience this in us. Our ‘walk’ will be modeled in front of them as we grow in grace, hope, and love. As we lead with love others will naturally want to walk with us.

### **Here are some simple questions to raise the spiritual temperature of your conversations:**

- How goes your walk?
- What are you reading? What are you learning?
- How can I pray for you?

### **Go into all the world and make disciples by intentionally investing in others:**

Following Christ can seem like an impossible task to those who are young in their faith. It is like saying to someone I’ll meet you at the top of Mt. Tam but neglecting to give them directions or a map. The truth is that there are well worn paths of discipleship that countless people have walked before us. Part of our journey toward Christ is to invite others to join us on the road and to be familiar with the route (spiritual practices) and map (the Word of God).

### **“Follow my example, as I follow the example of Christ.” 1 Corinthians 11:1**

This journey toward Christ is best accomplished by having a spiritual guide; someone who is a little further down the road than we are and who invests in us as we journey together. Relationships like this take intentionality and effort.

### **Who in your life would you consider spiritually investing in?**

This is not as hard or intimidating as it sounds. Ask Jesus to expand your imagination to all the spheres of influence in your life. Who is God asking you to intentionally walk with and pour your life into so that they may encounter Jesus and come to follow him and love him with all their heart, soul, mind, and strength?

### **This month try:**

- Are you working out your faith daily? Are you picking up your cross and following?
- Intentionally approach 2-3 conversations this month where you raise the spiritual temperature.
- Ask Jesus if there is someone specific that you are invited to invest your life into.